

KFC® Canada Food Allergens & Sensitivities



Revised: October 2009

Allergens									Sensitivities	
Peanuts	Tree Nuts	Sesame Seeds	Milk	Eggs	Fish / Shellfish	Soy	Wheat	Sulphites	Gluten	MSG (Monosodium Glutamate)

√ = Contains Allergen  
 X = May contain Allergen  
 † = Contains ingredients that may cause sensitivity

	Peanuts	Tree Nuts	Sesame Seeds	Milk	Eggs	Fish / Shellfish	Soy	Wheat	Sulphites	Gluten	MSG (Monosodium Glutamate)
<b>Chicken</b>											
Original Recipe® Chicken and Boneless Original Recipe®								√	√	†	†
Hot & Spicy Chicken								√	√	†	†
Grilled Chicken								√	√	†	†
Extra Tasty Crispy Chicken								√	√	†	†
<b>Sandwiches</b>											
Classic Sandwich			√	√	√		√	√	√	†	†
Classic Club			√	√	√		√	√	√	†	†
Colonel's Snacker			√	√	√		√	√	√	†	†
Wrapstar			√	√	√		√	√	√	†	†
Toasted Wrap			√	√	√		√	√	√	†	†
Grilled Chicken (Gourmet Sandwich)			√	√	√		√	√	√	†	†
Vegetarian			√	√	√		√	√	√	†	†
Big Crunch™			√	√	√		√	√	√	†	†
Spicy Big Crunch			√	√	√		√	√	√	†	†
Snackwich™			√	√	√		√	√	√	†	†
Big Fresh Sandwich			√	√	√		√	√	√	†	†
Homestyle Snacker			√	√	√		√	√	√	†	†
<b>Toasted Twisters</b>											
Grilled Chicken Original Twister			√	√	√		√	√	√	†	†
Grilled Chicken BBQ Ranch Twister			√	√	√		√	√	√	†	†
Grilled Chicken Roasted Garlic Caesar Twister			√	√	√		√	√	√	†	†
Grilled Chicken Melted BLT			√	√	√		√	√	√	†	†
Crispy Chicken Strips Original Twister			√	√	√		√	√	√	†	†
Crispy Chicken Strips BBQ Ranch Twister			√	√	√		√	√	√	†	†
Crispy Chicken Strips Roasted Garlic Caesar Twister			√	√	√		√	√	√	†	†
Crispy Chicken Strips Melted BLT			√	√	√		√	√	√	†	†
<b>Snackables / Sides</b>											
Chicken Fries™			√	√	√		√	√	√	†	†
Crispy Strips®			√	√	√		√	√	√	†	†
Chicken Nuggets			√	√	√		√	√	√	†	†
Boneless Bites			√	√	√		√	√	√	†	†
Hot Wings™			√	√	√		√	√	√	†	†
Popcorn Chicken®			√	√	√		√	√	√	†	†
Chicken Bowl			√	√	√		√	√	√	†	†
French Fries			√	√	√		√	√	√	†	†
Gravy			√	√	√		√	√	√	†	†
Corn			√	√	√		√	√	√	†	†
Mashed Potato			√	√	√		√	√	√	†	†
Poutine			√	√	√		√	√	√	†	†
<b>Salads / Dressings</b>											
Coleslaw Salad			√	√	√		√	√	√	†	†
Macaroni Salad			√	√	√		√	√	√	†	†
Potato Salad			√	√	√		√	√	√	†	†
Zesty Pasta Salad			√	√	√		√	√	√	†	†
Caesar Salad with Grilled chicken			√	√	√		√	√	√	†	†
Crouton			√	√	√		√	√	√	†	†
Light Caesar Salad Dressing			√	√	√	√	√	√	√	†	†
Mighty Caesar Salad Dressing			√	√	√	√	√	√	√	†	†
<b>Dipping Sauces</b>											
Smoky Steve BBQ Dipping Sauce			√	√	√		√	√	√	†	†
Sweet BBQ Dipping Sauce			√	√	√		√	√	√	†	†
Honey Mustard Dipping Sauce			√	√	√		√	√	√	†	†
Plum Dipping Sauce			√	√	√		√	√	√	†	†
<b>Desserts</b>											
Apple Turnover			√	√	√		√	√	√	†	†
Two Bite Brownie		X	√	√	√		√	√	√	†	†
Chocolate Delite Cake			√	√	√		√	√	√	†	†
Pecan Tarts		√	√	√	√		√	√	√	†	†
<b>Krushers™</b>											
Oreos			√	√	√		√	√	√	†	†
Toffee Crunch			√	√	√		√	√	√	†	†
Strawberry Shortcake			√	√	√		√	√	√	†	†
Triple Chocolate			√	√	√		√	√	√	†	†

**Important Information:**

The allergen information displayed on this poster is based on standard product formulations and is current as of Sep 2009. Variations may occur to differences in suppliers, ingredient substitutions, recipe revisions and/or product preparation at the restaurant. Some menu items may not be available at all restaurants. Some of the menu products listed above are limited time offerings or test market items. Customers with allergies and allergy-related questions can contact the Food Allergy and Anaphylaxis Network on the web at [www.foodallergy.org](http://www.foodallergy.org) or by phone at (800) 929-4040. In some restaurants French fries, fish and or pork products may be prepared in the same oil. Please discuss with the restaurant if you have concerns about fish or pork.